**Mitosis Song and Dance (sung by the “Chromatids”)**

the tune just kind of goes bum-bum-bum-bum-bum-bum—sort of like a heart beat

**Interphase!**

*(milling around to find your partner)*

**Prophase!**

🎜 We replicate ourselves 🎜

*(one partner steps out from behind the other)*

🎜 And form a chromosome 🎜

*(hold the wrists of your “sister chromatid”)*

**

**Metaphase!**

🎜 We line up in the center 🎜

*(chromosomes form straight line in center of room)*

**Anaphase!**

🎜 We separate apart 🎜

*(students take one step away from partner and drop hands)*

**Telophase!**

🎜 We move far away 🎜

*(students back away from each other)*

🎜 a new nucleus forms 🎜

*(wrap arms around self in a hug)*



🎜 **Cy—to—ki—ne--sis!** 🎜

*(move very far apart)*